

Name (nombre) _____ Member ID (número de membresía) _____

✓	Item	Drug Name (Nombre Del Medicamento)	Qty	Brand (Marca)	Price (Precio)
Vitamins / Minerals (Vitaminas / Minerales)					
	V2	Vitamin C 500mg	100 ct		6.99
	V3	Calcium Carbonate +D 600mg	60 ct		4.49
	V5	Coenzyme Q-10 50mg	30 ct		5.49
	V6	Adult Daily Spectravite Multivitamin	130 ct	Centrum	6.99
	V7	Adult Senior Spectravite Multivitamin	125 ct	Centrum Silver	9.99
	V10	Glucosamine/Chondroitin	80 ct	Osteo Bi-Flex	13.99
	V16	Vitamin E 400 IU Soft Gel	100 ct		11.99
	V17	Folic Acid 800mcg Tablet	100 ct		3.49
	V18	Iron 65mg	90 ct		5.49
	V19	Omega 3 Fish Oil 1000mg	120 ct	Puritan	8.99
	V26	Vitamin D 400 IU	100 ct		2.99
	V32	Vitamin D 1000 IU	100 ct		3.49
	V35	Magnesium 500mg	100 ct		4.49
	V36	Zinc Gluconate 50mg	100 ct		4.49
	V41	Chewable Multivitamins	60 ct		6.99
	V46	Adult Daily Multivitamin Gummy	50 ct		7.99
	V48	Biotin 10000mcg Soft Gel	60 ct		12.49
	V49	Melatonin Gummy 5mg	60 ct		9.49
	V51	Tumeric 400mg	100 ct		10.49
	V54	Calcium Supplement Gummy	50 ct	Caltrate Gummy Bites	9.99
	V56	Vitamin A 8000 IU NAT	100 ct		4.99
	V57	Vitamin B12 500mcg	100 ct		8.99

Must consult with Primary Care Physician prior to ordering a dual-purpose item.
Debe consultar con su médico de cabecera antes de ordenar un producto de doble propósito.

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Over-the-Counter Drug Catalog Program \$10 Monthly Benefit Medica HealthCare Plans MedicareMax (HMO)

Medica HealthCare Plans MedicareMax (HMO) is pleased to provide its members with the Over-the-Counter (OTC) Drug Catalog. This is a convenient way to get OTC drugs and supplies by mail through your Medica HealthCare Plans MedicareMax (HMO) benefit.

How to order by mail:

1. Clearly write your name, address, telephone number and member ID in the space at the top of the form. Your shipping address must be the same as the address in your member record. We cannot fill your order if your address is not the same.
2. Check (✓) items you want on the order form that add up to \$10 or less. Your benefit limit is \$10 every month. If you order more than \$10, you will receive the first \$10 of items on your order.
3. Fold and seal the form with tape.
4. Place a first class postage stamp on the address side (outside) of the form and mail.

Order by phone: To place your order by phone, call 1-888-628-2770 from 9 a.m. to 5 p.m. E.S.T., Monday through Friday.

Order by fax: Fax the completed order form to 1-866-682-6733 any time.

Order online: Medica.otchs.com

Pick up at any Navarro Discount Pharmacy or CVS/pharmacy y más™ stores.

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Place stamp here

OTC Health Solutions

9675 NW 117th Ave
Suite 202
Miami, FL 33178

Programa de Catálogo de Medicamentos sin Receta Beneficio de \$10 Mensual Medica HealthCare Plans MedicareMax (HMO)

Medica HealthCare Plans MedicareMax (HMO) se complace en proveer a sus miembros el Catálogo de Medicamentos Sin Receta. Esta es una forma conveniente de recibir por correo sus medicamentos y suministros sin receta médica a través de su beneficio de Medica HealthCare Plans MedicareMax (HMO).

Como ordenar por correo:

1. Escriba claramente su nombre, dirección, número de teléfono y número de miembro en el espacio indicado. Su dirección de envío debe coincidir con la dirección que tenemos en su archivo de afiliación. No se completarán las solicitudes en los casos en que no coincidan las direcciones.
2. Seleccione artículos que sumen hasta \$10 o menos. Su beneficio tiene un límite de \$10 cada mes. Si excede este límite, recibirá automáticamente sólo los primeros artículos que sumen un total de \$10.
3. Doble y selle el formulario con cinta adhesiva.
4. Coloque una estampilla de Primera Clase en la parte de afuera de este formulario.

Por teléfono: Para colocar su orden llame al 1-888-628-2770 de 9 a.m. a 5 p.m., hora del este, lunes a viernes.

Por fax: Envíe su forma por fax al 1-866-682-6733 a cualquier hora.

Por internet: Medica.otchs.com

Recoja en cualquiera de las farmacias Navarro o CVS/pharmacy y más.™



Name (nombre) _____

Address (dirección) _____

Member ID (número de membresía) _____ Phone (teléfono) _____

✓	Item	Drug Name (Nombre Del Medicamento)	Qty	Brand (Marca)	Price (Precio)
Antacids / Digestion / Laxatives (Antiácidos / Digestión / Laxantes)					
	A1	Effervescent Pain Relief	36 ct	Alka Seltzer	4.49
	A2	Dairy Relief Chewable	60 ct	Lactaid Fast Act	12.49
	A4	Antacid Calcium E/S Tab Mixed Fruit	96 ct	Tums E-X	3.99
	A7	Ranitidine 75mg	30 ct	Zantac 75	7.99
	A8	Heartburn Relief Tablets	100 ct	Gaviscon	6.49
	A13	Antacid Calcium E/S Smooth Mixed Fruit	60 ct	Tums Smoothies E-X	3.99
	A14	Acid Controller Tabs	30 ct	Pepcid AC	6.99
	A15	Motion Sickness Tabs	12 ct	Dramamine	3.99
	L1	Bisacodyl Laxatives Tabs	25 ct	Dulcolax	4.49
	L2	Stool Softener	100 ct	Colace	9.99
	L4	Laxative Natural Vegetable	50 ct	Senokot	7.99
	L6	Glycerin Suppositories Adult	25 ct	Fleet Glycerin	3.49
	L7	Fiber Capsules	160 ct	Metamucil	10.99
	P20	Glucose Chewable Tab Orange	10 ct		1.99
	Q1	Anti-Diarrheal Caplets	12 ct	Imodium A-D	5.49
	Q3	Pink Bismuth Chewable Tabs	30 ct	Pepto Bismol	3.99
	Q4	Gas Relief E/S Soft Gels	30 ct	Gas X Extra Strength	4.49
Cough / Cold / Allergy (Tos / Catarros / Alergia)					
	C1	Nasal Spray Regular	1 oz	Afrin Sinus	5.49
	C2	Allergy Relief-Tablets	24 ct	Benadryl	3.99
	C3	Cold Flu & Sore Throat Max	6 oz	Mucinex Fast Max	9.99
	C7	Medicated Chest Rub	3.5 oz	Vicks Vaporub	5.99
	C8	Digital Thermometer	1 ct		4.99
	C10	Loratidine 10mg	10 ct	Claritin	7.99
	C11	Sore Throat Lozenges	18 ct	Cepacol	3.99
	C12	Tussin CF	4 oz	Robitussin CF	4.99
	C13	Tussin DM	4 oz	Robitussin DM	4.99
	C16	Nasal Decongestant Pseudo Free Tabs	18 ct	Sudafed PE Nasal Decongestant	4.49

Medicines, ointments and sprays with active medical ingredients that cure, diminish or remove symptoms. Medicamentos, ungüentos y aerosoles con ingredientes medicinales activos que curan o eliminan los síntomas.

You will receive the generic equivalent of all items. Usted recibirá el genérico equivalente de todos los productos.

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✓	Item	Drug Name (Nombre Del Medicamento)	Qty	Brand (Marca)	Price (Precio)
	C19	Chest Congestion Relief 400mg	60 ct	Humibid E	9.49
	C24	Daytime Cold/Flu Pseudo Free Softgels	16 ct	Vicks Dayquil	4.49
	C52	Nasal Spray Saline	1.5 oz	Ocean	3.49
	C53	Allergy Cetirizine 10mg Tabs	14 ct	Zyrtec	9.99
	C54	Nighttime Cold & Flu	16 ct	Vicks Nyquil	4.49
	C56	Sinus Acetaminophen	24 ct	Tylenol Sinus Congestion Pain Daytime	4.99
	C57	Sore Throat Spray	6 oz	Vicks Chloraseptic	4.49
	C60	Cough Cold (HBP)	16 ct	Coricidin HBP Cough	5.99
Dental / Teeth Related (Dentales / Dientes Relacionados)					
	M2	Toothbrush	Each	Basics Toothbrush	0.99
	M4	Sens Toothpaste Wht	4 oz	Sensodyne	4.99
	M35	Dental Floss Waxed	100 yd	J & J Dental Floss	2.49
	M52	Oral Pain Relief	0.33 oz	Anbesol Gel	5.99
	M70	Nighttime Mouth Guard	2 ct	The Doctor's NightGuard Advanced Comfort	24.99
	X2	Denture Cleanser Tab Anti-Bacteria Mint	84 ct	Polident	5.49
	X5	Denture Cleanser Tab Anti-Bacteria	40 ct	Efferdent	2.99
	X6	Denture Adhesive Regular	2.4 oz	Super Poligrip Free	4.49
Eye and Ear Care (Cuidado de la Vista y Oído)					
	E1	Dry Eye Relief	0.5 oz	Visine Tears	4.49
	E2	Eye Drops Redness Relief	0.5 oz	Visine Red Eye Relief	3.49
	E4	Eye Itch Relief	0.17 oz	Zaditor	10.99
	X16	Ear Wax Removal	Kit	Murine Ear Wax Removal System	5.99
First Aid (Primeros Auxilios)					
	F1	Bandage Self Adherent 4" x 1.8 Yds	1 ct	Futuro Elastic Bandages	3.99
	F2	Muscle Rub	3 oz	Bengay	5.99
	F3	Bandage Antbtic HD Fab One Size	20 ct		3.49
	F4	Calamine Lotion Plus	6 oz	Caladryl	4.99
	F5	Hydrocortisone Cream	1 oz	Cortizone	4.99
	F7	Triple Antibiotic Ointment	0.5 oz	Neosporin	4.49
	F9	Bandage Clear Plastic Asst Sizes	45 ct		3.99
	F11	Anti-Itch Cream	1 oz	Benadryl Anti-Itch Cream	4.99
	F12	Sheer Bandages	40 ct		2.49
	F21	Iodine	1 oz		2.49

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	F22	First Aid Antiseptic Merthiolate	2 oz		3.99
	F25	Lice Treatment	8 oz	RID Lice Killing Shampoo	15.99
	F26	Ringworm Treatment	0.5 oz	Lotrimin AF	7.99
	F29	Anti-Itch Gel	4 oz	Benadryl Anti-Itch Gel	4.99
	F34	Hot/Cold Multi-Compress	1 ct		9.99
	F36	Reusable Ice Pack	1 ct		4.99
	F61	Bacitracin Ointment	1 oz		5.99
	F62	First Aid Tape	1 ct		1.99
	F65	Gauze Pad 2X2	25 ct		3.49
	F66	Bndg Liquid	0.3 oz		4.99
	F68	Petroleum Jelly	2.5 oz	Vaseline	3.99
	M45	Alcohol Prep Pads	100 ct		3.99
	M53	Gauze Roll 2" x 2 Yds	1 ct		1.99
Foot Care (Cuidado de los Pies)					
	F35	Liquid Corn & Callus Remover	0.5 oz	Dr. Scholl's Liquid Corn/Callus Remover	3.99
	O1	Clotrimazole Cream	1 oz	Lotrimin AF	9.99
	O2	Tolnaftate Athlete's Foot Cream	1 oz	Tinactin Cream	6.99
	O3	Wart Removal	0.5 oz	Compound W	7.99
Incontinence (Incontinencia)					
	X74	Pads-Bladder Control Moderate*	20 ct	Poise	5.99
	X75	Underwear Women S/M	20 ct	Depends	13.99
	X76	Underwear Men L	18 ct	Depends	13.99
	X77	Underwear Men S/M	18 ct	Depends	13.99
	X78	Underwear Women L	18 ct	Depends	13.99
Miscellaneous (Misceláneos)					
	M23	Hand Sanitizer	2 oz		1.49
	M43	Tweezers	1 ct		1.99
	M44	Deluxe Nail Clippers	1 ct		2.49
	M49	Tablet Cutter	Each		6.49
	M51	7 Day Pill Box	Each		2.49
	M75	Mosquito Repellant w/ 30% Deet	6 oz		6.49
	X71	BP Monitor Semi-Auto 8.7" x 16.5"	Each	Automatic Inflate BP monitor	24.99
	X72	BP Monitor Manual 8.7" x 12.6"	Each		17.99
	X81	Maxi Reg	24 ct	Always Maxi	3.49

*LIMIT (1) PER ORDER • *LÍMITE DE (1) POR ORDEN

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✓	Item	Drug Name (Nombre Del Medicamento)	Qty	Brand (Marca)	Price (Precio)
Nicotine Replacement Therapy (Terapia para reemplazar la nicotina)					
	M60	Nicotine Gum 4mg	20 ct	Nicorette	10.99
	M61	Nicotine Gum 4mg Sugar Free	20 ct	Nicorette	10.99
	M62	Nicotine Gum 2mg	20 ct	Nicorette	10.99
	M63	Nicotine Gum 2mg Sugar Free	20 ct	Nicorette	10.99
	M64	Nicotine Mint 4mg Lozenges	20 ct	Nicorette	10.99
	M65	Nicotine Mint 2mg Lozenges	20 ct	Nicorette	10.99
	M66	Nicotine Transdermal 21mg Patch	7 ct		19.99
Pain Relievers (Analgésicos)					
	H2	Hemorrhoidal Suppositories	12 ct	Preparation H Suppositories	4.99
	H3	Hemorrhoidal Ointment	2 oz	Preparation H Ointment	7.49
	M6	Sleep Aid	24 ct	Simply Sleep	3.99
	M46	Urinary Relief Max Strength	12 ct	Azo Standard	4.99
	P1	Ibuprofen Tabs 200mg	50 ct	Advil	4.49
	P2	Aspirin 325mg Coated Tablets	100 ct	Bayer 325mg	2.49
	P3	Low Dose Enteric Aspirin 81mg	32 ct	Ecotrin	2.49
	P4	Low Dose Enteric Aspirin 81mg	120 ct	Ecotrin	5.49
	P6	Acetaminophen 500mg	100 ct	Tylenol	6.99
	P8	Aspirin Chewable 81mg Orange	36 ct	Bayer Chewable	2.49
	P9	Headache Pain Relief	24 ct	Excedrin Extra Strength	1.99
	P14	Hot/Cold Patches	5 ct	Icy Hot Medicated Patch	6.99
	P17	Headache Pain Relief	100 ct	Excedrin Extra Strength	7.49
	P19	Naproxen 220mg	24 ct	Aleve	3.99
	P44	Therapeutic Blue Gel	8 oz	Mineral Ice	7.49
	P45	Acetaminophen Pain Reliever PM	24 ct	Tylenol PM	3.99
	P50	Menstrual Pain Relief Max	24 ct	Midol Complete	4.99
Personal Care (Cuidado Personal)					
	F10	Diaper Rash Ointment	2 oz	Desitin	3.99
	F64	Acne Treatment 10%	1 oz	Clearasil Daily Clear	4.99
	M1	Sunblock SPF 45	3 oz	Neutrogena Ultra Sheer Dry-Touch	6.99
	M9	Cotton Swab	375 ct		2.49
	M11	Baby Powder	4 oz		1.99
	M20	Unscented Wipe	20 ct		1.49
	M30	Miconazole 7 Day Vaginal Cream	7 ct	Monistat 7	7.99