

Name (nombre) _____ Member ID (número de membresía) _____

✓	Item	Drug Name (Nombre Del Medicamento)	Qty	Brand (Marca)	Price (Precio)
	M1	Sunblock SPF 45	3 oz		\$8.49
	M9	Cotton Swab	375 ct		\$2.49
	M11	Baby Powder	4 oz		\$1.99
	M31	Oil Free Acne Wash	6Z	Neutrogena	\$3.99
	M32	Active Tampons Regular	18 ct	Playtex Sport	\$4.49
	M33	Unscented Wipes	56 ct		\$3.49
	M34	CVS Diabetic Skin Lotion	13Z	Gold Bond	\$6.99
Vitamins / Minerals (Vitaminas / Minerales)					
	V2	Vitamin C 500mg	100 ct		\$6.99
	V3	Calcium Carbonate +D	60 ct		\$4.49
	V5	Coenzyme Q-10 50mg	30 ct		\$9.99
	V10	Glucosamine/Chondroitin	80 ct	Osteo Bi-Flex	\$15.99
	V16	Vitamin E 400 IU Soft Gel	100 ct		\$11.99
	V17	Folic Acid 800mcg Tablet	100 ct		\$3.49
	V18	Iron Supplement 65mg	90 ct		\$5.49
	V19	Fish Oil Omega-3 1000mg	120 ct	Puritan	\$8.99
	V32	Vitamin D 1000 IU	100 ct		\$3.49
	V35	Magnesium 500mg	100 ct		\$4.49
	V36	Zinc Gluconate 50mg	100 ct		\$4.49
	V41	Child Chewable Multivitamins	60 ct	Flintstones Complete	\$6.99
	V45	Probiotic Adult	15 ct		\$14.49
	V48	Biotin 10000mc Soft Gel	60 ct		\$11.49
	V49	Melatonin Gummy 5mg	60 ct		\$10.49
	V54	Calcium Supplement Gummy 500mg	50 ct		\$10.49
	V56	Vitamin A 8,000 IU NAT	100 ct		\$4.99
	V57	Vitamin B12 500mcg	100 ct		\$8.99
	V58	B Complex Plus Vitamin C	130 ct		\$6.99
	V59	Potassium Gluconate 550mg	100 ct		\$4.99
	V60	Adult Daily Multivitamin Mineral Supplement	365 ct	one a day	\$6.99
	V61	Vitamin B6	100 ct		\$5.99
	V62	Adult Daily Multivitamin Women's 50+ Advanced	50 ct	one a day	\$6.99
	V63	Adult Daily Multivitamin Men's 50+ Advanced	50 ct	one a day	\$6.99
	V64	Lutein 40 mg Softgel	30 ct		\$17.99

Must consult with Primary Care Physician prior to ordering a dual-purpose item.
Debe consultar con su médico de cabecera antes de ordenar un producto de doble propósito.

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Over-the-Counter Drug Catalog Program \$25 Quarterly Benefit Medica HealthCare Plans MedicareMax (HMO)

Medica HealthCare Plans MedicareMax (HMO) is pleased to provide its members with the Over-the-Counter (OTC) Drug Catalog. This is a convenient way to get OTC drugs and supplies by mail through your Medica HealthCare Plans MedicareMax (HMO) benefit.

How to order by mail:

- Clearly write your name, address, telephone number and member ID in the space at the top of the form. Your shipping address must be the same as the address in your member record. We cannot fill your order if your address is not the same.
- Check (✓) items you want on the order form that add up to \$25 or less. Your benefit limit is \$25 every quarter. If you order more than \$25, you will receive the first \$25 of items on your order.
- Fold and seal the form with tape.
- Place a first class postage stamp on the address side (outside) of the form and mail.

Order by phone: To place your order by phone, call 1-888-628-2770 from 9 a.m. to 5 p.m. E.S.T., Monday through Friday.

Order by fax: Fax the completed order form to 1-866-682-6733 any time.

Order online: Medica.otchs.com

Pick up at any Navarro Discount Pharmacy or CVS/pharmacy y más™ stores.

Name: _____
Address: _____
City: _____ State: _____ ZIP: _____

Place stamp here

OTC Health Solutions
9675 NW 117th Ave
Suite 202
Miami, FL 33178



Name (nombre) _____
Address (dirección) _____
Member id (número de membresía) _____ Phone (teléfono) _____

✓	Item	Drug Name (Nombre Del Medicamento)	Qty	Brand (Marca)	Price (Precio)
Antacids / Digestion / Laxatives (Antiácidos / Digestión / Laxantes)					
	A1	Effervescent Pain Relief	36 ct	Alka Seltzer	\$4.49
	A2	Dairy Relief Chewable	60 ct	Lactaid Fast Act	\$12.49
	A4	Antacid Calcium E/S Tab Mixed Fruit	96 ct	Tums E-X	\$3.99
	A7	Ranitidine 75mg	30 ct	Zantac 75	\$7.99
	A8	Heartburn Relief Tablets	100 ct	Gaviscon	\$6.49
	A9	Omeprazole Tabs	14ct		\$11.49
	A13	Antacid Calcium E/S Smooth Mixed Fruit	60 ct	Tums Smoothies E-X	\$3.99
	A14	Acid Controller Tabs	30 ct	Pepcid AC	\$6.99
	A15	Motion Sickness Tabs	12 ct	Dramamine	\$3.99
	L1	Bisacodyl Laxatives Tabs	25 ct	Dulcolax	\$4.49
	L2	Stool Softener	100 ct	Colace	\$9.99
	L6	Glycerin Suppositories Adult	25 ct	Fleet	\$3.99
	L7	Fiber Capsules	160 ct	Metamucil	\$10.99
	L10	Original Daily Fiber SF	10 oz	Metamucil	\$7.99
	P20	Glucose Chewable Tab Orange	10 ct		\$1.49
	Q1	Anti-Diarrheal Caplets	12 ct	Imodium	\$5.49
	Q3	Pink Bismuth Chewable Tabs	30 ct	Pepto Bismol	\$3.99
	Q4	Gas Relief E/S Soft Gels	30 ct	Gas X E/S	\$4.49
	Q5	Beanaid Capsules	30 ct	Beano	\$5.99
	Q8	Gas Relief Infant	.5 oz	Mylicon	\$6.49
Cough / Cold / Allergy (Tos / Catarros / Alergia)					
	C1	Nasal Spray Regular	1 oz	Afrin Sinus	\$5.49
	C2	Allergy Relief Tablets	24 ct	Benadryl	\$3.99
	C3	Cold Flu & Sore Throat Max	6 oz	Mucinex	\$9.99
	C7	Medicated Chest Rub	3.5 oz	Vicks Vaporub	\$5.99
	C8	Digital Thermometer	1 ct		\$4.99
	C10	Loratidine 10mg	10 ct	Claritin	\$7.99
	C11	Sore Throat Lozenges	18 ct	Cepacol	\$3.99

Medicines, ointments and sprays with active medical ingredients that cure, diminish or remove symptoms. Medicamentos, ungüentos y aerosoles con ingredientes medicinales activos que curan o eliminan los síntomas.

You will receive the generic equivalent of all items. Usted recibirá el genérico equivalente de todos los productos.

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✓	Item	Drug Name (Nombre Del Medicamento)	Qty	Brand (Marca)	Price (Precio)
	C12	Tussin CF Max Strength	4 oz	Robitussin CF	\$5.49
	C13	Tussin DM	4 oz	Robitussin DM Max	\$4.99
	C16	Nasal Decongestant Pseudo Free	18 ct	Sudafed PE	\$4.49
	C19	Chest Congestion Relief 400mg	60 ct		\$9.49
	C20	Child Allergy Elixir Pseudo Free	4 oz	Children's Benadryl	\$4.99
	C24	Daytime Cold/Flu Pseudo Free Softgels	16 ct	Vicks Dayquil	\$4.49
	C52	Nasal Spray Saline	1.5 oz	Ocean	\$3.49
	C53	Allergy Cetirizine 10mg Tabs	14 ct	Zyrtec	\$9.99
	C54	Night Time Cold & Flu	16 ct	Vicks Nyquil	\$4.49
	C56	Sinus Acetaminophen	24 ct	Tylenol Sinus	\$4.99
	C57	Sore Throat Spray	6 oz	Vicks Chloraseptic	\$4.49
	C58	Child's Cold Cough & Sore Throat	4Z	Mucinex	\$8.99
	C59	Fluticasone Nasal Spray	.34Z	Flonase	\$14.99
	C60	Cough Cold (HBP)	16 ct	Coricidin	\$5.99
	C62	On The Go Cold Sore Treatment	.07Z		\$16.99
	C64	Air Shield Orange Tabs	10 ct		\$6.49
	C65	Honey Lemon SF Cough Drops	25 ct	Halls	\$1.99
Dental (Dental)					
	M2	Toothbrush	Each		\$0.99
	M3	Lip Balm Original SPF 15	0.15 oz		\$1.99
	M4	Sens Toothpaste Wht	4 oz	Sensodyne	\$4.99
	M35	Dental Floss Waxed	100 yd	Johnson & Johnson	\$2.49
	M52	Oral Pain Relief	0.33 oz	Anbesol	\$5.99
	M71	Flosser Picks	90 ct		\$2.99
	M72	Blue Mint Antiseptic Mouthwash	3.2Z	Listerine	\$1.99
	X2	Denture Cleanser Tab Anti-bacteria Mint	84 ct	Polident	\$5.49
	X5	Denture Cleanser Tab Anti-bacteria	40 ct	Efferdent	\$2.99
	X6	Denture Adhesive Regular	2.4 oz	Poligrip	\$4.49
Eye and Ear Care (Cuidado de la Vista y Oído)					
	E1	Dry Eye Relief	0.5 oz	Visine Tears	\$4.49
	E2	Eye Drops Redness Relief	0.5 oz	Visine Original	\$3.49
	E4	Eye Itch Relief	0.17 oz	Zaditor	\$10.99
	X16	Ear Wax Removal	Kit	Murine	\$5.99

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First Aid (Primeros Auxilios)					
	F1	Bandage Elastic 4"	1 ct	Futuro Elastic	\$3.99
	F2	Muscle Rub	3 oz	Bengay	\$5.99
	F3	Bandage Antbtc HD Fab One Size	20 ct		\$3.99
	F4	Calamine Lotion Plus	6 oz	Caladryl	\$4.99
	F5	Hydrocortisone Cream 1%	1 oz	Cortizone	\$4.99
	F7	Triple Antibiotic Ointment	0.5 oz	Neosporin	\$4.49
	F9	Bandage Clear Plastic Asst Sizes	45 ct		\$3.99
	F11	Anti-itch Cream	1 oz	Benadryl E/S	\$4.99
	F12	Bandage Sheer One Size	40 ct		\$2.99
	F21	Iodine	1 oz		\$2.49
	F22	First Aid Antiseptic Merthiolate	2 oz		\$4.99
	F29	Anti-itch Gel	4 oz	Benadryl	\$4.99
	F34	Hot/Cold Multi-Compress	1 ct		\$8.99
	F36	Reusable Ice Pack	1 ct		\$4.99
	F61	Bacitracin	1 oz		\$5.99
	F62	First Aid Tape	1 ct		\$1.99
	F65	Gauze Pad 2X2	25 ct		\$3.99
	F68	Petroleum Jelly	2.5 oz	Vaseline	\$3.49
	F69	Butterfly Closures	12 ct		\$3.49
	F70	Hydrogen Peroxide Spray	8Z		\$2.49
	M45	Alcohol Prep Pads	100 ct	BD	\$3.99
	M53	Gauze Roll 2" x 2 Yds	1 ct		\$1.99
	M57	Gloves Nitrile Large	50 ct		\$7.49
Foot Care (Cuidado de los Pies)					
	F35	Corn & Callous Remover Kit	0.5 oz	Dr. Scholl's	\$3.99
	O2	Tolnaftate Athlete's Foot Cream	1 oz	Tinactin	\$6.99
	O3	Wart Removal	0.5 oz	Compound W	\$5.99
	O4	Odor Control Spray Powder	4Z	Odor-Eaters	\$4.99
	O5	Moleskin Padding	2 ct	Dr. Scholl's	\$2.49
Incontinence (Incontinencia)					
	X74	Pads-Bladder Control Moderate	20 ct	Poise	\$5.99
	X75	Underwear Women S/M	20 ct	Depends	\$13.99
	X77	Underwear Men S/M	18 ct	Depends	\$13.99

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	X83	Unisex Overnight Underwear XL - 58" - 68"	12 ct	Depends	\$13.99
	X84	Unisex Overnight Underwear L - 44" - 58"	14 ct	Depends	\$13.99
Miscellaneous (Misceláneos)					
	M23	Hand Sanitizer	2 oz		\$1.49
	M49	Tablet Cutter	Each		\$6.49
	M51	7 Day Pill Box	Each		\$2.49
	M75	Mosquito Repellant w/ 30% Deet	6 oz		\$6.49
	M76	Mosquito Repellant Deet Free	6 oz		\$6.49
	X71	BP Monitor Semi-Auto Cuff Fits 8.7" x 16.5" *	Each		\$24.99
	X72	BP Monitor Manual 8.7" x 12.6" *	Each		\$17.99
	X81	Maxi Reg	24 ct	Always Max	\$3.49
Pain Relievers (Analgésicos)					
	H2	Hemorrhoidal Suppositories	12 ct	Preparation H	\$4.99
	H3	Hemorrhoidal Ointment	2 oz	Preparation H	\$7.49
	M6	Sleep Aid	24 ct	Tylenol Simply Sleep	\$3.99
	M7	Baby Teething Gel	0.33 oz	Baby Orajel	\$4.49
	M46	Urinary Relief Max Strength	12 ct	Azo	\$4.99
	P1	Ibuprofen Tabs 200mg	50 ct	Advil	\$4.49
	P4	Low Dose Enteric Aspirin 81mg	120 ct	Bayer	\$5.49
	P6	Acetaminophen 500mg Tabs	100 ct	Tylenol	\$6.99
	P8	Aspirin Chewable 81mg Orange	36 ct	Bayer	\$2.49
	P12	Child Ibuprofen Suspension Berry	4 oz	Children's Motrin	\$6.49
	P13	Child Non Aspirin Suspension Cherry	4 oz	Tylenol Oral Suspension	\$4.49
	P14	Hot/Cold Patch	5 ct	Icy Hot	\$6.99
	P17	Headache Pain Relief	100 ct	Excedrin E/S	\$7.49
	P19	Naproxen 220mg	24 ct	Aleve	\$4.49
	P45	Acetaminophen Pain Reliever PM	24 ct	Tylenol PM	\$4.49
	P50	Menstrual Pain Relief Max	24 ct	Midol	\$4.99
	P51	Aspirin Enteric Coated 325mg	100 ct	Ecotrin	\$6.49
	P52	Acetaminophen 325 Regular Strength	90 ct	Tylenol	\$8.99
Personal Care (Cuidado Personal)					
	F10	Diaper Rash Ointment	2 oz	Desitin	\$3.99
	F64	Acne Treatment 10%	1 oz	Clearasil	\$4.99

*Limit (1) per order ♦ *Límite de (1) por orden